

Life Purpose

Releasing Blocks, Changing Beliefs

- What am I believing about this situation? What am I saying to myself about this situation most of the time? Or that I am noticing other people always saying to me about it?



- How is this making me feel?
- Is this how I want to feel?
- How do I want to feel instead? How would I be feeling, if I was already living the life of increased financial income, more support in my personal and business life?
- What sort of beliefs would I be holding, were this already in my reality?
- How would I be feeling 99% of the time, with these new beliefs creating my reality?