



# Activate Your Higher Senses

## *Schedule*

Notice the BOLD 'Live Group Support' Trainings. These are your group mentoring support, so bring all your questions here, whether about the course, or your personal life, this is where I can support you best throughout this powerful course. Looking forward to this powerful space beautiful ones xxx

- Thursday 30th August Welcome & Sacred Energy Flow
- Friday 31st August Depth of the Crown Chakra - What happens when your Crown is Closed
- Monday 3rd September What happens when your Crown is too Open
- Wednesday 5th September Balanced Crown Chakra
- **Thursday 6th September 10am AEST Live Group Support**
- Friday 7th September Crown Chakra Support, Your Claircognisence
- Monday 10th September Extreme Integration for the Crown Integral Balance Restored
- Wednesday 12th September Crown Chakra Symbology, the potency of the Crown in your Daily Life
- **Wednesday 12th September 8pm AEST Live Group Support**
- Friday 14th September Sleep Tips
- Monday 17th September The Portals Revealed - your Neural Pathways
- **Thursday 20th September 10am AEST Live Group Support**
- Friday 21st September Sacred Clearing Techniques for the 'Dark Forces/Entities/Demons'
- Monday 24th September What to do about the 'Dark Forces' and not 'hang out with them'
- Wednesday 26th September Psychic Surgery
- **Thursday 27th September 6am AEST Live Group Support**
- Friday 28th September Psychic Attack
- Monday 1st October Curses, Hexes & Spells, Black Magic, the truth about them and what to do about removing them from this lifetime and past lifetimes.
- **Wednesday 3rd October 8pm AEST Live Group Support**
- Friday 5th October Integration of the Archangels Dark & Light
- Monday 8th October How to be sensitive, spiritual and highly aware and still function in modern day society at the same time, without being called crazy or hiding who you really are
- **Thursday 11th October 10am Live Group Support**
- Friday 12th October Retrieving Life Purpose Activation Tools



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All trainings are released at 10am Brisbane AEST/1am London BST/5pm Los Angeles PDT on the dates listed and can be found by logging into your New Kajabi login: <https://realityawareness.mykajabi.com/login>

*Here are some details about what is coming up in these trainings for Activate Your Higher Senses:*

- Welcome to the Crown Chakra - what it's really all about
- Shifting depression, confusion, loss of direction, reducing fatigue & insomnia, releasing feelings of overwhelm, mental illness support (ADD, ADHD, Schizophrenia, Bi-Polar and more)
- The Sacred Energy Flow balance of energy flow. The Sacred Masculine & Feminine - if you want to receive ANYTHING in life, it is time to get this balanced in EVERY Chakra, as it affects your consciousness of all areas of your life. Here we delve into why and how this affects it and what that looks like in day to day living.
- Integrating the Dark and Light, the Extremes of a too open and too closed Crown Chakra, so you aren't stuck or have so much energy pouring through you that you burn out.
- Sleep tips, the Crown being highly activated can cause you to not sleep, so here, I give you sleep tips, so you can stay open and connected to your intuition, but honour your physical body at the same time.
- Diving into the neural pathways of the Brain, these are the true portal activations - are you ready to take your life to the next level with this awareness and activation?
- The Truth about those Dark Forces, Dark & Heavy Energy, Psychic Attack, Curses, Hexes, Spells, Black Magic - how to remove them in Modern Day society from experiences from people in this lifetime and in previous lifetimes. How to recognise if you have a spell on you, if you've been hexed and what to do about the Black Magic Curses you are experiencing from people you know around you.
- Shadow Work, owning the darkest aspects of yourself to integrate back into your light and life, reclaiming your sacred power, flow and divine masculine and feminine balance, so you can attract healthy relationships by your side.
- How to be spiritual and still function our modern day world without being called a crazy person
- How to get people to deeply understand who you are, see your worth and honour you
- How to honour your deep empath abilities and not hide who you really are at the same time