

Crystal Clear Intuition

The Free Training Series to amplify, expand, enhance and take your intuition to the next level.

Ear Chakra - Clairaudience

by Hannah Andrews



Reality Awareness

"Awakening the Consciousness of Humanity"

Dedication

To all of the Beings on this planet, having this Human experience, I see you, I feel you, I am here for you. May you always remember your Human self and your Spiritual self both in existence at the same time, may you always remember who you really are and embrace every experience you have, for that, is what you came here for after all, to experience.

With gentleness, Hannah.
The Life Purpose Queen



Contents:

- 3. About me
- 4. Clairaudience Day #1
- 7. Clairaudience Day #2
- 10. Clairaudience Day #3
- 13. Clairaudience Day #4
- 16. Clairaudience Day #5



About Me

Welcome Beautiful Soul!

My name is Hannah and I am an Intuitive Healer and Life Purpose Mentor.

I have been working as a Healer, guide, teacher and more for many, many lifetimes. My gifts are strong, deep, very connected and run back a very long way, back through to Ancient times, when practises of magic, mysticism and Earth based spiritual practises were real, very active and accepted on this planet.

These gifts, live in my blood, they are in my DNA and it is here that I activate my awakening again this lifetime, to serve again, to the highest level of evolution to help humanity awaken back to their true nature.



Day #1: Clairaudience

WELCOME TO EAR CHAKRA WEEK

Our Ears are where we HEAR our Intuition. You will always hear me speak about how our Ears, our Heart and our Base are deeply, deeply interconnected. If we are closed in our Ears, we are closed in our Heart and our Base.

The biggest message coming through for Ear Chakra's, our Divine Clairaudience - is that you are hearing your messages correctly - the question is - are you TRUSTING them? You may be hearing your intuition, super clearly - but do you ACT on it? The message coming through for your Clairaudience today - is that you are receiving your intuition from places that are deep, deep into the galaxies.

Our Ear Chakra Grids is that your Ear Chakra Grids - they go deep into the dimensions and there is an aspect of your Grid that is tapping into highly accurate divinely guided guidance and for some reason, today at the Clairaudience week - the message is clear, it is like they are trying to get your attention, it is like you have heard them/sense them, but haven't paid enough attention to them?

What spiritual guides have been 'in your face' that you have seen but haven't noticed - or wanted to take notice of, or have been too busy to notice? Here at Ear Chakra week we - slow down, it is like a breath of fresh air, as your Heart is deeply connected to your Ears, as I reiterate 50 million times - and you can take a deeper breath, reconnect to your Heart, recalibrate and realign to YOUR truth after a full on week at Third Eye, that cut through to the truth and now, you deeply align to your Heart... by listening - deeply, intently - to what your Spiritual Guides from far away galaxies (or are they far away, do we really 'travel' anywhere).

The Star beings have been strong for me this past few weeks and deeply turned up at the Full Moon Ceremony and made themselves known even on our live stream on the weekend in here. Whether they are Star Beings or some other spiritual helpers - the message is clear, loud and also gentle, soft and kind - what are the messages you are not paying attention to? What have you been brushing off? Do you need to sit longer in meditation this week, to deeply allow yourself to drop deeper, to hear the messages that are tapping you on the shoulder? If you meditate for 10 minutes - increase it to 20 minutes this week - for the Ear Chakras are about opening, receiving and LETTING IN. Letting in - spiritual energy, spiritual guidance, ENERGY - and energy - is money, is love, is everything you desire - everything... because... energy makes up all things right?



Day #1: Ear Chakra - Clairaudience

So if you aren't taking time to receive energy by stopping, meditating and listening to your Intuitive Guidance that is streaming through your Ear Chakra Grids - that is the strong message coming through the Ear Chakra's, Your Clairaudience today for Day #1 of our Clairaudience week - then are you... ever going to listen?

What are you needing to listen to? To align to? To - take action on? What are the repetitive thoughts during your day, once you come out of meditation?

Keeping your Ear Chakras OPEN to receive even MORE guidance means - putting your current guidance INTO action - other wise it all backs up and you get super tired, anxious, stuck and agitated and more... Yet - when you take action on that intuition when you come out of meditation - you stay OPEN and allow more to flow through.. and that's when you become... a walking meditation and super transformer, creating your Life Purpose in every single breath... Not just on your meditation mat.

What... do you need to listen to?

To... take action on, that your guides have been repetitively, but gently reminding you to do?



Write or draw any revelations, aha moments or messages that you received from Day #1 to ground into reality your new sense of awareness:



Day #2: Ear Chakra - Clairaudience

THE MOTHER WOUND - The place where we RECEIVE

Ah - from the Cutting Truthful Realisational TRUTH of the Masculine Third Eye - we now step deeply into this powerful feminine energy of the Ears and what is here???

OUR MOTHER.

When I channeled the Ear Chakra Consciousness Book, that is now being turned into video training (Rapid Ascension Awakening) - it felt like a big, deep soft hug from our Earth Mother - a WELCOME HOME AND BACK INTO MY ARMS feeling - like deliciously Soul nourishingly YUM to say the least. Yet - if you received anything less than the unconditional present and loving energy from your Mother as a child growing up - right now? As we continue to move forward through Ear Chakra week - I guarantee you are not only going to be feeling some abandonment from a female in your life right now - but your MOTHER WOUND is surfacing - go deeper.

#thisisntaboutsurfacestuff

The power of dropping deep into your Ear Chakras in this powerful way - as we listened to our guides outside of us that were deeply trying to get our attention yesterday, it is here - that we feel safe to now delve INSIDE our Ear Chakras and look at where we shut down DEEP INSIDE our Ears (and body) a long time ago - from:

Not feeling heard by your Mother, did she listen to you when you were upset? To what you needed? To - being there for you when you cried? To - noticing you at all?

As we drop deep inside you Ear Chakras - it is now up to YOU to hear you... No one else on this planet - like - no one - will EVER meet your needs!! EVER! Why? Because that is a job only YOU can fill and it starts with the part of you that is deeply hurt and feeling the Mother Wound deeply right now.

Write yourself a letter - yes there is power in giving your words VOICE in writing - pen and paper - it moves the muscles in your arms and brain and works over 10,000 muscles and neural-pathways in the brain - its powerful. So write this letter - but do not send it. Burn it. Write all your hurt feelings, your pain, your wishes of how you really wish it could've been - because when you do this? You are not only releasing the voice that has WANTED TO BE HEARD - you are also talking to their SOUL. Burning it, releases it to the ethers... and to God - you 'hand it over' when you do this.



Day # 2: Ear Chakra - Clairaudience

For God to take care of the details and bring you - all the healing you need in the process to support yourself to move to the next level, the next stage in your life - why and how? Because you have just unlocked a part deep inside your EARS that have been blocked with pain for so long and not able to HEAR anyone else, let alone - RECEIVE any new energy, life, love, abundance - ANYTHING in your life until now, because your Ears your Clairaudience is all about RECEIVING AND - your Ears are deeply connected to your Base Chakra - the space where you TRUST and your Ears are also about TRUST - that - someone is going to be there for you, catch you, hold you, listen to you if you may - when you need it most. The most powerful person on the planet that can do that for you? Is you yes - but who else? God. Universe. Energy. Whatever you want to call it. It's always listening and so - is the Earth beneath your feet, that you are deeply walking on everyday, and don't even notice HER support there - she NEVER leaves you.

Are you recognising the power in that? The POWER in the focus on THAT? On that - stability of the Feminine in your Life that has always been beneath your foot? Can you let Her in and RECEIVE her now? Let Her hold you, whilst you listen to the part deep inside your Ear's that has been waiting until now for you to come back... and not feel abandoned by you/Her anymore.

You're the one you've been waiting for babe.

Can't you hear your inner call?

Can't you hear... Her?



Write or draw any revelations, aha moments or messages that you received from Day #2 to ground into reality your new sense of awareness:



Day # 3: Ear Chakra - Clairaudience

WHO are you really listening to? WHAT do you actually receive when you truly LISTEN?

If you haven't been truly heard before, you usually don't hear other people but - what you also do? Is you close yourself off to receiving the very thing you have wanted and craved all along - LOVE.

When we realise something... sometimes, it can be a harsh reality to face. Coming out of the Third Eye Chakra last week, some of us have come to see the truth of situations, that perhaps we were turning a blind eye to before.

After dropping into the Ears - we realise what we've been craving - the Mother's Love. Yet - being so closed off to even letting it in - or - allowing ANYTHING in that gives the slightest bit of attention to try and get the Love that you've been craving all along - it is here at the Ears, we realise these truths - they 'come down to reality' (remember how I always talk about the Ears, Heart and Base connection - Base Chakra, is the 'reality' part - the physical reality) we can't not face them anymore. And that? That makes our Heart feel sad.

Usually the hard hitting wake up reality truths - aren't always easy to face. 'The hard pill to swallow' - is the Third Eye Truth, at the Ears, moving through the Throat - and feeling the Heart feelings, that we haven't wanted to feel about the situation. It is here. We have a choice. We either - close ourselves off more to what is right in front of us and repeat patterns or we open up to exactly what it is in front of us - and choose to change the pattern.

Sometimes, that can mean making hard decisions - meaning - listening to your intuition than the shiny thing in front of you. Sometimes that can mean, taking time out and away to get clear in yourself about what your intuition is saying, rather than being tangled in the emotions of what is going on in front of you. However, at the Ears? And this stage in the Ears? After you've listened 'outside' in your powerful Ear Grids, (Day #1) and then, dropped into what 'Mother/Feminine' you've felt abandoned from and what part of you is sitting deep 'inside' your Ears upset about that - what happens now? Is you just sit... You sit right in the middle of it all. Like you are right in the middle of your Internal Compass (you can get that free here, if you don't already have my free meditation pack with this powerful meditation alone, let alone the other 5 free ones in there - [click here for the free Internal Compass Meditation](#))



Day # 3: Ear Chakra - Clairaudience

You just be there with it all. You, in the middle and your awareness on all parts at once. You just sit. You just listen. Deeply. To it all. You - observe. You don't try and analyse. You don't try and figure it out. You don't judge it all as right or wrong or other choices you 'should've' made. You just sit - right in the middle of it all. The Ear Chakras - are all about listening. To it all. To all parts. To all feelings. To all threads. But you aren't entangled in any of them because the Ear's are deeply connected to the Heart and the Base - you become centred when you do this. You just listen. Feel. It all. All the threads. All the parts within you. All the parts being reflected outside of you. You are just present with them all. Without trying to change them. Without trying to control them. Just... be there. In the middle.

Day #4 & Day #5 coming up will be action type days. Today. Is just to be present with it all. Let yourself, just Listen - to it all. In all ways. Why? What do you ACTUALLY receive when you LISTEN? You start to OPEN, meaning you can let things in to your life - ie, support, help, abundance, money, LOVE - the very things you are trying to grasp for because you are just being present with it all and listening, you are opening up to new ideas, to the solution to come IN, instead of trying to figure it out and control it meaning, you close yourself off to higher help/intuition/spiritual wisdom when you close you try and figure out and analyse things.

There is great power to just being present with it all, to just being in the middle of it all, without trying to force changes/control it. WHO are you listening too?

Listen to all parts, listen to it all. But wait... for the Higher Solution to come in before you act. Sometimes that takes trust and patience to wait and be shown and sit right in the middle observing the entire thing. With your Ear Grids connected to all dimensions at once - including your own Heart. Yes, it takes practise. No, no one said it would be easy. But worth it? Oh honey, when those solutions come in from Higher Sources - that you didn't even know were possible before?

Oh - sitting in the middle of it all and observing every thread without acting on it, trying to change or force it -

Oh... that is the pure gold and our reason for living. Pure... Magic.

The question is - do you trust the Universe has your back enough? Or is the question more - do you allow yourself to sit still and listen long enough - to open to receive the help the Universe is trying to give you?



Write or draw any revelations, aha moments or messages that you received from Day #3 to ground into reality your new sense of awareness:



Day #4: Ear Chakra - Clairaudience

PUTTING INTO ACTION YOUR CLAIRAUDIENCE MESSAGES

Once we sit still, once we observe and LISTEN - then we are given the clear intuition or more so - we can HEAR our Clairaudient messages that are coming through to us.

And then - it is important we put these messages into action.

If we don't - our intuition backs up like a dam wall and - imagine trying to hold back all that energy - all that water behind a dam wall, you would be tired quite quickly one would imagine as... you aren't a concrete wall and - your intuition - that energy - is supposed to flow.

Not only flow to give you ideas about your life purpose, your daily life, your questions and more - but this energy - is your life force!!

If you are feeling tired - ask yourself, what intuition haven't you acted on?

You will find that as soon as you put into action that teeny tiny bit of intuition into action - you will start to have more energy!

And - it is usually the thing we have the most resistance to, and that gentle, back of the mind to do thing that is the one where the key to allowing more energy IN and through you to then fuel you and your life purpose awaits you.

Have you put into action the messages you have been receiving?

Have you received clarity - on what your Clairaudience has been speaking to you?

Songs stuck in your head? Those gentle repetitive words going over in your mind? Words to lyrics to songs? A very clear word/voice behind the back of your right ear? A conversation in a supermarket or cafe that just beams out to you amongst all the background noise, as if they are talking directly to you? The messages that came from just sitting still and listening?

If you haven't acted on them yet, they will be there - awaiting you to act on them. And if you are not paying attention - you will start hearing them louder - ie, the conversation in the cafe that is just so crystal clear - yes, babe, these are the actions you need to take.

The other message I am getting for you - is that it is time to actually start to act fast.



Day #4: Ear Chakra - Clairaudience

It feels like the shifts with the Ears and the Mother/Feminine Abandonment that we have felt as we've hit the Ear Chakra's this week - it is like - okay, so I am the only one that can meet the needs of me.

Yes, I may be feeling pangs of grief that I now allow myself to feel about this.

Yes, I may still feel sad at times...

But something happens when we allow ourselves to feel this grief - the energy shifts - a bit like acting on the intuition - is that it frees up space - and the Universe, will always fill a vacuum with something. I can guarantee if you clear a shelf or cupboard, you will find something to put on/in it.

When someone leaves your life, or you leave them - yes, you will feel sad and abandoned. You are human.

The key here is to realise that something will always come along to fill it - just - where are you looking? Where are you listening - where are you BEING present with it? In the pain of it? Grasping?

Or - being PRESENT with it? (Ears, listening, observing, like in Day #3)

When we are present... we are able to feel the pain - not nice, but then it shifts... And... creates space... For the Ears to be open to receive the next thing... To let IN... To... fill the space...

But when there is grief there - or a back up of intuition - nothing can come IN - yet.

If you are feeling like you are at stand point, that nothing has yet come IN, that you are feeling a bit like, well, how come this isn't working or moving yet? How come I am still feeling stuck? Ask yourself - am I carrying any hurt or pain about this situation? Am I not acting on the intuition I am receiving?

If you answered yes to either of these questions - then take action on them immediately...get help in dealing with your grief, your pain, act on the intuition you are receiving... watch the dam wall flood open again... and watch the energy shift... watch your life - come back to life.

And feel like you can breathe again... Deep.. into your Heart.



Write or draw any revelations, aha moments or messages that you received from Day #4 to ground into reality your new sense of awareness:



Day #5: Ear Chakra - Clairaudience

THE GROUNDING

It comes after the action for sure... but what also comes?

Is a sense of Peace. When you are consistently putting into action the ideas that come to you, you are aligning with your Life Purpose, moment by moment.

People ask me - do I know what their Life Purpose is and I say - No! I think some people kind of look at me a bit silly when I say this to them - I am the Life Purpose Queen after all right??

However, what I do teach is exactly how to get onto YOUR UNIQUE Life Purpose - how to uncover your unique path...

And how you do that?

One tiny piece of it - is putting into action, moment by moment your intuition you are receiving. What Clairaudient messages are you putting into action - today?

And every day after that?

You see the thing here with Grounding your Clairaudient messages that you are receiving is that something happens when you do it EVERY SINGLE DAY - what that is?

Is MOMENTUM. And with Momentum? It has it's own energy.

You see your Life Purpose, is something that intuitively comes to YOU and THROUGH YOU. Only YOU know what your Life Purpose is. Yet, all the emotional trauma, baggage, patterns, beliefs and so much more are what stop you. That's where I come in. And as I write that - I just felt like I am your gateway to your Life Purpose, your Dream Life, if you may, as I help you shift all your blocks, all your belief systems and more - that you can't do alone - the ones you are stuck on right?

Of course.. I am not the only one on the planet that can help you...

Anyway, I am getting sidetracked - but, actually, the message coming through.. is that a great number of you here, reading this - are in fact - the Life Purpose Activators too... or you wouldn't be here. Okay! Messages pouring through this one today! #imlistening



Day #5: Ear Chakra - Clairaudience

You wouldn't be following me, if you didn't hold sacred keys, if you didn't understand the depths of darkness, be facing your own darkness, demons and be able to hold space for what most don't even comprehend on the planet right now.

You are the leaders of our future...

And that is why you are drawn here - listening intently, learning how to listen even more intently and intentionally, listening to all the realms at once, holding space for yourself and others all at the same time and you haven't even left your body or gone anywhere.

Because you are one of US. You get it. On all levels. Even if you don't consciously understand it fully or 'know what your life purpose is' or 'how to do it as such' or 'what to do with the information you know how to do - yet' - you FEEL it.. you resonate...

And so you keep trusting... and turning up... and listening... With all ways, with all levels... Because at your Clairaudience - you HEAR:

~ behind the words

~ you hear what they are not saying

~ you hear what parts of them are talking

~ you hear what angels are talking, theirs and yours at the same time

~ you hear all realms, portals and dimensions in time and space, at the same time

BUT You are not overwhelmed by it at all.

You are centred, grounded... VERY aware of it all and VERY clear all at the same time. You LISTEN. Beyond the words. You HOLD SPACE. Beyond what most people can. You are AWARE.

Because you are right there - in the middle of it all... Just like Day #3 of Clairaudience Week - that? Becomes your norm.

And that. Is where your power lays... and is amplified...

And people look at you in awe, how you do it all and stay present with it all at the same time.

You GROUND YOUR EAR CHAKRAS.

You GROUND YOUR CLAIRAUDIENT MESSAGES.

You LISTEN.



Day #5: Ear Chakra - Clairaudience

DEEPLY.

YOU ARE YOUR EARS.

They are way more powerful than you realise.

Have you been building your intimate connection with these powerful tools - that have been dormant in society and eons gone by for a long, long time?

Have you... been understanding the depths of the 'light years ahead' that you are and can be even more so - when you build your Clairaudience in this depth well before this becomes the norm in modern day chakra/spiritual society?

You are...

One of the Leaders aren't you?



Write or draw any revelations, aha moments or messages that you received from Day #5 to ground into reality your new sense of awareness:

